

**I need help, heal me, forgive me!**

**1. I NEED HELP!**

- God never gets tired of us coming to him and letting him know “I NEED HELP”.

**Don't worry about anything; instead, pray about everything; tell God your needs and don't forget to thank him for his answers. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus. Philippians 4:6-7**

**2. HEAL ME ... HEAL MY LOVED ONES!**

- ❖ God's goal for his children is wholeness.

**Now may God himself, the God of peace, make you pure, belonging only to him. May your whole self – your spirit, soul, and body – be kept safe and without fault when our Lord Jesus Christ comes”.  
1Thessalonians 5:23**

**“Sin came into the world because of what one man did, and with sin came death. This is why everyone must die – because everyone sinned”. Romans 5:12**

- ✓ Sin and sickness are the consequences of the same rebellion.
- ✓ But they are cured by the same Redeemer.

**“He (Jesus) has borne our infirmities and carried our diseases. He was wounded for our transgressions, He was bruised for our iniquities.” Isaiah 53:4-5**

Jesus came --- **to make us whole!**

- Did Jesus die for your sins? \_\_\_\_\_.
- Did Jesus die for your sickness? \_\_\_\_\_.

Jesus will heal you – **instantly - gradually or ultimately.**

**“We know that when Jesus is revealed, we shall be like Him.”**

**1John 3:2**

**3. FORGIVE ME!**

**But just as He who called you is holy, so be holy in all you do, for it is written? “Be holy, because I am holy.” Since you call on a Father who judges each person's work impartially, live your lives in reverent fear during your temporary stay on earth. 1Peter 1:15-17**

- ❖ What has God done with your past sins?

**“As far as the east is from the west, so far has he removed our transgressions from us” Psalm 103:12.**

**"He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; 1Peter 2:24**

- ✓ Jesus did his part!
- ✓ Our part is to stand on the truth of God's word.

**He has removed our sins as far from us as the east is from the west.  
<sup>13</sup> The LORD is like a father to his children, tender and compassionate to those who fear him. <sup>14</sup> For he knows how weak we are; he remembers we are only dust. Psalm 103:12-14**

During the Lent season, as we make our way to Easter, pray this simple prayer and you will be amazed at what God will do for you!

**Father,**

**You are good.**

**I need help. Heal me and forgive me.**

**They need help.**

**Thank you.**

**In Jesus' name, amen.**